Crash Course Psychology can be a very useful review tool to help reinforce learned material and review for exams. Their brief and go through each unit pretty quick.
Complete the assignment below as you view Crash Course Psychology #1 “Intro to Psychology”.

Episode Timing:
0:00 Definition of Psychology

1. What is the definition of psychology?

1:00 Early History of Psychology – Aristotle, et. al.

1:40 Questions of Psych

2. What question are you most interested in exploring? (from video or your own):

2:20 Sigmund Freud

3:25 Wilhelm Wundt and Ed Tichener; Structuralism and Introspection

3. What year did scientific psychology get its start?

4. Explain structuralism as an approach to psychology:

5. Explain the method of introspection:

4:20 William James; Functionalism

6. What was the basic set of questions that William James focused on?

7. What’s the name of the approach that William James used?

8. This approach was inspired by what person and scientific field?

5:00 Freud and Psychoanalysis

9. Explain free association:

10. Explain the central core of Freud’s concept of psychoanalysis:

5:50 Behaviorsim; B.F. Skinner

11. What does the behavioral approach to psychology focus on?

8:30 Psychodynamic Theories
12. What are the main focus points of psychodynamic theories?

13. What is the main focus of Humanist Psychology?

Look up the following if you don't know them:

14. Cognitivism (the Cognitive approach):

15. Neuropsychology:

8:55 Modern Definition of Psychology